

COVID-19 Identification Flowchart



Definition of COVID-19 Exposure:

Being within 6 feet of a lab-confirmed COVID-19 positive individual for 15 minutes or more, with or without a mask.

COVID-19 Symptoms

Fever 100 or greater, cough, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, fatigue, headache, sore throat, loss of taste or smell, congestion or runny nose, significant muscle pain, diarrhea, nausea or vomiting

Inform your teacher, principal, and school nurse, or department supervisor

Begin 10-day quarantine from the time of your test or the onset of symptoms, whichever is earlier, and contact your healthcare provider

Non-Close Contact vs Close Contact

Non-Close Contact:
I was more than 6 feet away or I was closer than 6 feet for less than 15 minutes

Follow CDC guidelines: Maintain good hygiene, continue social distancing, wear a mask, continue frequent hand washing

Return to School/Work:
Continue to monitor for symptoms

Close Contact:
I was exposed (see definition above) to a lab-confirmed individual anytime from 2 days prior to symptom onset or positive test until the individual was isolated

Begin 10-day isolation from the last-known contact with lab-confirmed individual

If symptoms develop, inform your teacher, principal, and school nurse, or department supervisor

You Can Return to School/Work when:

- ✓ At least one day (24 hours) has passed since recovery (resolution of fever without use of fever-reducing medications) and
- ✓ Ten days have passed since symptoms first appeared and
- ✓ Symptoms are improved.

Lab-Confirmed for COVID-19

Inform your teacher, school principal, and school nurse, or department head

Begin 10-day quarantine from the time of your test or the onset of symptoms, whichever is earlier